



# Meadow Matters

Welcome to the newsletter of Fairy Meadows Demonstration School

Week 2, Term 1 – Monday 5<sup>th</sup> February, 2018.

## Principal's Report

"Educating the mind without educating the heart is no education at all." (Aristotle)

## Meet the Teacher Meetings

Over coming weeks teachers in each stage (Early Stage 1 – Kinder; Stage 1 – Years 1 & 2; Stage 2 – Years 3 & 4; Stage 3 – Years 5 & 6) will be conducting their "Meet the Teacher" meetings. These meetings are so important for parents to better understand what each teacher has planned for their child's learning in 2018, as well as introduce them to their child's new teacher and classroom etc. Please make time available to attend your child's "Meet the Teacher". Stage 3 (Years 5 & 6) will meet on Wednesday, 14<sup>th</sup> at 8.30 am and Mrs Picton's 3P on 16/2/18 at 8.15 am.

## School Newsletter to Kinder

All Kinders received a paper copy of our Week 2 School Newsletter. In this newsletter are the instructions on how parents access our newsletters via the SkoolBag App, our school website and Facebook page. Limited paper copies are also always found in the foyer directly inside the front entrance doorway. Please read our weekly newsletter for all information. Also included with this week's newsletter is a copy of the Illawarra Area Health infectious diseases information regarding when children should be kept home or sent to school.

## A Few Reminders to Start the Year for Children and Parents

1. To look our best at all times, full school uniform with black school shoes and black socks( looks trendier and doesn't show the dirt). Sports uniform and sports shoes are to be worn only on Fridays;
2. Wear a hat or your child will be instructed to sit under the COLA;
3. Parents are not to drive into the school grounds. We have two large carparks adjacent to the school and on street parking available for parents and visitors;
4. If you have changed address or phone contact details please make this known to the office ladies so your child's emergency contact details can be updated.
5. Students are not to enter the school grounds before 8.30 am for their safety and welfare, as there is no teacher on playground duty. Teachers begin playground duty at 8.30 am.

## What's happening @ FMDS?

### Week 3

- 14 Stage 3 (Years 5 & 6) Meet the Teachers, 8.30 am, Rm 15  
K-2 Assembly, 2.15, 2HD Lead Class
- 16 3P Mrs Picton Meet the Teacher 8.15 am

### Week 4

- 20 3/4T & 4C Meet the Teacher Rm 22, 8.15 am
- 22 University of Wollongong 3<sup>rd</sup> Year DEMS Program starts at FMDS  
Brokers Swimming Carnival  
Keira H.S. Captain's Assembly, 11.30 ( Mr. Brightwell and FMDS Leaders attend)
- 23 Welcome to Kinders and New Families P&C BBQ, 5.30 – 7.00 pm

### Week 5

- 27 SRC, School Leaders Induction Assembly, 2.15
- 28 K-2 Assembly, 2.15, 2W Lead Class
- 1 UOW 3<sup>rd</sup> Year DEMS at FMDS

### Week 6

- 8 UOW 3<sup>rd</sup> Year DEMS at FMDS

### Week 7

- 13 Dream Cricket Morning
- 14 K-2 Assembly, 2.15, 1T Lead Class  
P&C Meeting, 7.00
- 15 UOW 3<sup>rd</sup> Year DEMS at FMDS  
Selective H.S. Test Day  
Preschool 2017 Playdate

### Week 8

- 20 Stage 2 (Years 3 & 4) Nan Tien Temple
- 22 UOW 3<sup>rd</sup> Year DEMS at FMDS

### Week 9

- 28 K-2 Assembly, 2.15, 1S Lead Class
- 29 UOW 3<sup>rd</sup> Year DEMS at FMDS
- 30 EASTER FRIDAY

### Week 10

- 2 EASTER MONDAY
- 5 UOW 3<sup>rd</sup> Year DEMS at FMDS

### Week 11

- 11 K-2 Assembly, 2.15, KM Lead Class
- 12 UOW 3<sup>rd</sup> Year DEMS at FMDS
- 13 Last Day Term 1

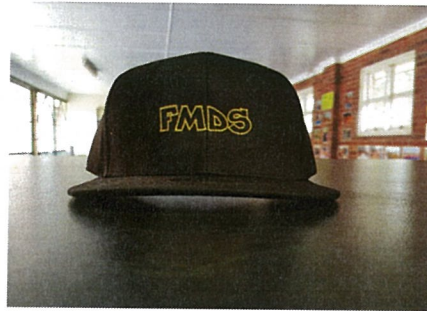


### Uniform Shop News

New items available for purchase:



School Bags  
\$50.00 each



Caps \$20.00 each

### Canteen News

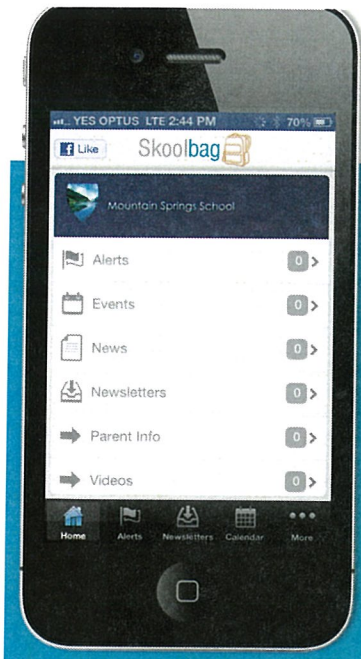
Hello everyone and welcome to our new families. For those who do not know how our canteen operates our opening hours are 8:30 am to 2:15pm Tuesday and Friday's, 8:30am to 12:15pm Wednesday and Thursday's. We do not open on Monday's.

Lunch orders are placed at the canteen before the children line up in the morning and must be received by 9:10am. Please write the students name and class clearly on the bag. Bags are available at the canteen. Updated menu and price list will be sent home soon.

### COMMUNITY NEWS

- **Wollongong High School of the Performing Arts**  
Year 6 Parents and Carers are invited to attend WHSPA's Expo evening on Thursday 22<sup>nd</sup> February. There will be two sessions available: 5pm and 6:30pm. Bookings essential [www.trybooking.com/UAPK](http://www.trybooking.com/UAPK)
- **Fernhill District Girl Guides**  
Looking for fun, friends and adventure come along and try Girl Guides, free for two weeks. We meet at 2 Douglas Road Fairy Meadow for more details and further information please contact Wattle 0437 230 751.
- **All That Jazz Dance Co Illawarra**  
Dance classes held at FMDS Hall on Thursday afternoons, trial classes available. For more information please contact 0404 034 585 or [allthatjazzcoillawarra@hotmail.com](mailto:allthatjazzcoillawarra@hotmail.com)
- **Barnardo's Australia**  
FREE Playgroup - Bellambi Neighbourhood Centre – Mondays during school term 10am to 12pm  
FREE Playgroup for Aboriginal and Torres Strait Islander children and their families – Bellambi Public School 10am to 12pm Tuesdays. For more info, call 4275 8575.





# Skoolbag

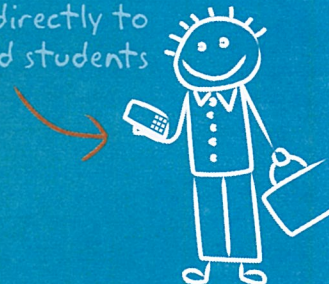


Smartphone school to parent communication

Skoolbag is a mobile App for your school to communicate directly to both parents and students. It works through both smart phones and smart devices (such as iPads and Android Tablets). Ideal for:

- > School, free push notification alerts
- > School events
- > School newsletters
- > School documents
- > School RSS feeds
- > School social media (Facebook, Twitter)

*Skoolbag delivers school notices directly to parents and students*



## How To Install Skoolbag On Your Smartphone

### iPhone & iPad Users

1. Click the "App Store" icon on your Apple device.
2. Type your school name in the search, using suburb name will help.
3. If iPhone, you will see your school appear, click "Free" then "install".
4. If iPad, change the drop list to "iPhone Apps", your school will then be visible, click "Free" then "install".
5. When installed click "Open"
6. Select "OK" to receive push notifications, when asked.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.




### Android Users

You must first have signed up with a Google Account before installing the app.

1. Click the "Play Store" button on your Android Device
2. Click the magnifying glass icon at the top and type in your school name, using suburb name will help.
3. Click the school name when it appears in the search.
4. Click the "Install" button.
5. Click "Accept" for various permissions (please note, we do not modify any of your personal data on your device).
6. Click "Open" when installed.
7. Click the "More" button on the bottom right of the App, then "Setup".
8. Toggle on the Push Categories that are applicable for you.



Don't forget to like us on Facebook! 

Find out more at [www.skoolbag.com.au](http://www.skoolbag.com.au)

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## Too sick for school?



Generally if your child feels unwell, keep them home from school and consult your doctor. This chart and the information it contains is not intended to take the place of a consultation with your doctor.

<b>Bronchitis</b>	Symptoms are coughing, a runny nose, sore throat and mild fever. The cough is often dry at first, becoming moist after a couple of days. There may be a slight wheeze and shortness of breath. A higher fever (typically above 39°C) may indicate pneumonia.	... until they are feeling better. Antibiotics may be needed.
<b>Chickenpox</b> (Varicella)	Slight fever, runny nose, and a rash that begins as raised pink spots that blister and scab.	... for 5 days from the onset of the rash and the blisters have dried.
<b>Conjunctivitis</b>	The eye feels 'scratchy', is red and may water. Lids may stick together on waking.	... while there is discharge from the eye unless a doctor has diagnosed a non-infectious cause.
<b>Diarrhoea</b> (no organism identified)	Two or more consecutive bowel motions that are looser and more frequent than normal and possibly stomach cramps.	... for at least 24 hours after diarrhoea stops.
<b>Fever</b>	A temperature of 38.5°C or more in older infants and children.	... until temperature is normal.
<b>Gastroenteritis</b>	A combination of frequent loose or watery stools (diarrhoea), vomiting, fever, stomach cramps, headaches.	... for at least 24 hours after diarrhoea and/or vomiting stops.
<b>German measles</b> (Rubella)	Often mild or no symptoms: mild fever, runny nose, swollen nodes, pink blotchy rash that lasts a short time.	... for at least 4 days after the rash appears.
<b>Glandular Fever</b> (Mononucleosis, EBV infection)	Symptoms include fever, headache, sore throat, tiredness, swollen nodes.	... unless they're feeling unwell.
<b>Hand, Foot and Mouth Disease</b> (HFMD)	Generally a mild illness caused by a virus, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area in babies.	... until all blisters have dried.
<b>Hayfever</b> (Allergic rhinitis) caused by allergy to pollen (from grasses, flowers and trees), dust mites, animal fur or hair, mould spores, cigarette smoke	Sneezing, a blocked or runny nose (rhinitis), itchy eyes, nose and throat, headaches.	... unless they feel unwell or are taking a medication which makes them sleepy.
<b>Head lice or nits*</b> (Pediculosis)	Itchy scalp, white specks stuck near the base of the hairs; lice may be found on the scalp.	... while continuing to treat head lice each night. Tell the school.

<b>Hepatitis A</b>	Often none in young children; sudden onset of fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine, pale stools.	... for 2 weeks after first symptoms (or 1 week after onset of jaundice). Contact your doctor before returning to school.
<b>Hepatitis B</b>	Often no symptoms in young children. When they do occur, they can include fever, loss of appetite, nausea, vomiting, jaundice (yellowing of skin and eyes), dark urine.	... if they have symptoms. Contact your doctor before returning to school.  ... if they have a chronic infection (not the first outbreak) and no symptoms.
<b>Impetigo</b> (School sores)	Small red spots change into blisters that fill up with pus and become crusted; usually on the face, hands or scalp.	... until antibiotic treatment starts. Sores should be covered with watertight dressings.
<b>Influenza</b>	Sudden onset fever, runny nose, sore throat, cough, muscle aches and headaches.	... until well.
<b>Measles</b>	Fever, tiredness, runny nose, cough and sore red eyes for a few days followed by a red blotchy rash that starts on the face and spreads down the body and lasts 4 to 7 days.	... for at least 4 days after the rash appears.
<b>Meningococcal Disease</b>	Sudden onset of fever and a combination of headache, neck stiffness, nausea, vomiting, drowsiness or rash.	<b>Seek medical attention immediately.</b> Patient will need hospital treatment. Close contacts receive antibiotics.
<b>Molluscum Contagiosum</b>	Multiple small lumps (2–5mm) on the skin that are smooth, firm and round, with dimples in the middle. In children, occur mostly on the face, trunk, upper arms and legs. Symptoms can last 6 months to 2 years.	...
<b>Mumps</b>	Fever, swollen and tender glands around the jaw.	... for 9 days after onset of swelling.
<b>Ringworm*</b> (tinea corporis)	Small scaly patch on the skin surrounded by a pink ring.	... for 24 hours after fungal treatment has begun.
<b>Runny nose or common cold</b>		... unless there are other symptoms such as fever, sore throat, cough, rash or headache. Check with school.
<b>Scabies*</b>	Itchy skin, worse at night. Worse around wrists, armpits, buttocks, groin and between fingers and toes.	... until 24 hours after treatment has begun.
<b>Shigella</b>	Diarrhoea (which may contain blood, mucus and pus), fever, stomach cramps, nausea and vomiting.	... until there has not been a loose bowel motion for 24 hours. Antibiotics may be needed.
<b>Slapped Cheek Syndrome</b> (Parvovirus B19 infection, fifth disease, erythema infectiosum)	Mild fever, red cheeks, itchy lace-like rash, and possibly cough, sore throat or runny nose.	... as it is most infectious before the rash appears.
<b>Whooping Cough</b> (Pertussis)	Starts with a running nose, followed by persistent cough that comes in bouts. Bouts may be followed by vomiting and a whooping sound as the child gasps for air.	... until the first 5 days of an antibiotic course has been completed. Unimmunised siblings may need to stay home too until treated with an antibiotic.
<b>Worms</b> (Threadworms, pinworms)	The main sign of threadworms is an itchy bottom. Sometimes children feel 'out of sorts' and do not want to eat much. They may also have trouble sleeping, due to itching at night.	... and tell the school as other parents will need to know to check their kids.

\*It is important that the rest of the family is checked for head lice, scabies and ringworm